

Manaslu Circuit Trek



Cost per person: \$1,250

Description

Manaslu Circuit Trek in Nepal is an adventurous and enjoyable complete trekking package. Manaslu (8156m) is the eighth-highest peak in the world. You can also complete this trek by camping or at a tea house, which is a great way to explore the local lifestyle and culture along the trail.

Manaslu Circuit Trek is one of Nepal's most charming and least crowded trekking routes. It offers a spectacular blend of cultural richness and natural beauty. This trek, which circles Mount Manaslu, is renowned for its remote and rugged terrain, diverse landscapes, and vibrant local culture.

This cultural, historical, and natural journey involves moderate to strenuous trekking to a maximum height of 5,160 meters in Larkya La Pass. The entire route combines adventure with spectacular views of the snow-capped mountains, rich cultural heritage, and vantage points with unique beauty and rare biodiversity.

The ancient villages and peoples of Namrung, Samagaon, and Samdo are quaint and cultural. Samagaon, where many nuns and monks live, is populated by Buddhists. Samdo is a beautiful village where Tibetan Nepalese live.

The people around these villages have joined the British and Indian forces, generally known as the Gurkha army. The Gurung, Rai, and Magar tribes living in these villages are very kind people. They will treat you well in tea houses and always look forward to a warm welcome.

Not only are the natural beauties one of the main highlights of this Manaslu Trek, but the trek also attracts the Tibetan culture. The Manaslu Conservation Area is a sanctuary for various birds and animals. Endangered wildlife species such as grey musk deer, blue sheep, Himalayan Thar snow leopard, and red panda have been conserved in the conservation area.

Trip Information

Duration: 12 Days

Activities: Trekking

Arrival City: Kathmandu

Departure City: Kathmandu

Best Season: December

Max Altitude: N/A

Gallery



Itinerary

Day 1

No description available.

Equipment

Equipment And Packing for Manaslu Circuit Trek- 12 Days

No description available.

Cost Inclusion

- Airport pick up and drop off by private vehicle
- Transport Bus from Kathmandu to Sotikhola and Bus from Besishahar to Kathmandu.
- The best available twin-sharing bed lodge during the trek.
- Three daily meals (Breakfast, Launch, and dinner) during the trek.
- Experienced highly skilled, government-authorised English speaking guide.
- Porter during trekking including his salary, and insurance. Two trekker gets one Porter.
- Snacks and seasonal fruit during the trek.
- Down jacket and sleeping bag (To be returned after trip completion)
- Trekking map and trip achievement certificate
- All necessary paperwork including Manaslu restricted area permit, Mcap permit, Acap permit, and Tims. (Please bring 3 passport-size photos)
- All local government fees and all office service charges.
- Medical supplies (First aid kit)
- Arrangement of Emergency helicopter (Expenses should be paid by your insurance company)

Cost Exclusion

- Lunch and dinner in Kathmandu
- Personal trekking equipment
- Snacks and other expenses
- Excess baggage charges
- Hot showers during the trek except when in Pokhara and Kathmandu
- Personal travel insurance
- Emergency evacuation if required
- Personal expenses like phone calls, laundry, bar bills, and extra porters
- Tips and donations for guides and porters.
- Optional trips and sightseeing if extend

Frequently Asked Questions

1. Where is the Manaslu Circuit Trek?

The Manaslu Circuit Trek is located in the Manaslu region of Nepal. It circles the eighth-highest mountain in the world, Mount Manaslu (8,163 m). The trek usually starts from Machakhola and descends to Bimthang village, crossing the challenging Larkyala pass. It takes you through remote villages and diverse landscape areas while offering stunning views of the mountains. The trek ends at Dharapani, where it joins the Annapurna circuit.

2. Which is the highest mountain in the Manaslu region?

Manaslu Mountain is the highest mountain in the Manaslu region. At 8,163 meters (26,781 ft), it is the eighth-highest mountain in the world. It is the main attraction of the Manaslu Circuit Trek and is famous for its challenging route and stunning scenery.

3. How long is the Manaslu Circuit Trek?

The ideal time for this trip is 12 days, although you can complete it in 10 or 11 days. But doing it in 10 or 11 days means rushing through it and possibly missing out on some experiences. The trek is challenging, so it is better to trek with enough time and a proper itinerary.

4. Can I trek the Manaslu circuit without a guide?

You must trek the Manaslu circuit with a guide. Trekkers must hire a licensed guide for the trek. It is regulated to ensure trekkers' safety and preserve the local environment and culture. A minimum of two people are required for this trek. Since independent trekking is not allowed in this area, you must arrange a permit through a trekking agency. Additionally, trekkers need to obtain Manaslu Restricted Area Permit (RAP), Manaslu Conservation Area Project (MCAP) permits, and Annapurna Conservation Area Permit (ACAP) permits.

5. Do I need a permit for the Manaslu Circuit Trek?

Yes, you need some permits to trek. Manaslu Restricted Area Permit (RAP), Manaslu Conservation Area Project (MCAP) permit, and Annapurna Conservation Area Permit (ACAP) permits are required for trekking. But don't worry; Odyssey Treks will assist you with all the necessary documents to get all these permits.

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