# **Lapchi Trek**



Cost per person: \$1,890

# **Description**

**Lapchi trekking trail** located in **Rolwaling area** along the border of Nepal and Tibet. Lapchi trek is an opportunity to discover the least visited remote and exciting secreted corners of Nepal. Lapchi is famous pilgrimage of Buddhist where the famous Tibetan Yogi Milarepa's lived in Milarepa cave for long time and died in Lapchi area. Milarepa performed many miracles in Lapchi and left behind sacred marks such as his footprints. Lapchi trekking sheltered by the **Gaurishankar Conservation Area** requires GCA special permit and TIMS for trekking in Lapchi kang.

Milarepa is not only Buddhist yogi but also a poet, singer an ancient Tibetan magician also. **Lapchi trek** and lapchi area is the sacred destination in the Himalayas after Kailash and Tsari. According to Tibetan Buddhist and Hindus antique literature, there are three holy Mountains in the Jambudvipa that are Mount Kailash, Mount Labchi Kang and Mount Tsari. These are the core power places or the paramount spiritual mountains not only of Buddhist, but also for Hindus. Holy **Lapchi Mountain** situated in the eastern part of Nepal at a height of about 4,850 meters. **Lapchi trek from Nepal** side is cheap and best because it is not essential to arrange Tibet visa and permit to explore holy Lapchi and mount lapchi Kang once in life time.

The Lapchi Trek offers a unique blend of adventure, natural beauty, and cultural richness, making it a memorable journey for those seeking an off-the-beaten-path experience in the Himalayas.

# **Trip Information**

**Duration:** 15 Days

Activities: Trekking and Sightseeing

Arrival City: Kathmandu

**Departure City:** Kathmandu

Best Season: Autumn/Spring

Max Altitude: 5310 m

## **Gallery**







# **Itinerary**

### Day 1: Arrival in KTM. Transfer to hotel

Kathmandu. Welcome with bunch of flower assistance at the Airport and meet with our staff (One of our company staff will be waiting you at the Airport with display your name "....." and pick up by our private Japanese car and than 20 minutes drive to the Hotel. After few minutes rest in hotel, Visit in our office and have hot/cold drinks (Tea/Coffee) waiting to serve and have join together, One of our staff will brief you regarding the trip and introduction

## Day 2: Free day in Kathmandu

No description available.

### Day 3 Namo Buddha - Dhulikel to kalinchok: Drive by Jeep 6hrs

No description available.

Day 4: Kalinchok to Charikot: Drive by jeep 2hrs  No description available.	
Day 5: Charikot to Lamabagar: Drive by jeep 4hrs  No description available.	
Day 6: Lamabagar to Godavari or Iluk place trek : By walk 6hrs  No description available.	
Day 7: Godavari or Iluk to Nampuk: Trek by walk 6hrs  No description available.	
Day 8: .Nampuk to Lapchi gonpa: Trek 4hrs  No description available.	
Day 9: Lapchi Gonpa visit to cave  No description available.	
Day 10: Lapchi Gonpa visit to caves  No description available.	
Day 11: Lapchi Gonpa rest and some caves treks  No description available.	

### Day 12: Lapchi Gonpa to Lumnang or Iluk: Trek by walk 7hrs

No description available.

#### Day 13: Lumnang or Iluk to Lamabagar: Trek 6hrs

No description available.

### Day 14: Lamabagar to KTM

No description available.

### Day 15: Day transfer flight out

No description available.

# **Cost Inclusion**

Airport Pick up and drop off by our private car

Kathmandu hotel room on bed and Breakfast (B) basis

Trekkers Information Management System (TIMS) permit fees

Gaurishankar Conservation Area (GCA)

Accommodation and 3 meals a day such as Breakfast, Lunch & Dinner (B,L,D) while on the trek in Lodges (Tea house)

Fully escorted trek with an English speaking local sherpa trekking guide and a porter for each 2 people.

All program according to itinerary on full board.

All land transfer as per above itinerary

# **Cost Exclusion**

Nepal entry visa fee US\$ 40 (duration 30 days from date of issue) you may easily issue the visa upon your arrival at Tribhuwan International Airport Kathmandu. (it will be ready within few minutes) You will require each 2 passport size photos.

#### Kathmandu hotel Lunch and Dinner

Personal Spending money and all kind of drinks (Alcoholic, hot and cold drinks) bar bill, Int'l Telephone bill, hot shower, batteries charge, laundry etc. Tips for guide, porter and driver.

Travel Insurance and medical evacuation in case of emergency

# **Frequently Asked Questions**

#### 1. What is the best time to do the Lapchi Trek?

The best time to undertake the Lapchi Trek is during the spring (March to May) and autumn (September to November) seasons. These periods offer the most stable weather, with clear skies and moderate temperatures, making it ideal for trekking.

#### 2. How difficult is the Lapchi Trek?

The Lapchi Trek is considered moderately to highly difficult. It involves trekking through high-altitude terrains, steep ascents and descents, and remote trails. It is recommended for experienced trekkers who are comfortable with challenging conditions and have prior trekking experience.

#### 3. Do I need a guide for the Lapchi Trek?

Yes, it is highly recommended to hire a local guide for the Lapchi Trek. The trails are less marked and can be difficult to navigate, especially for those unfamiliar with the area. A guide can also provide insights into the local culture and ensure your safety.

#### 4. What permits are required for the Lapchi Trek?

Trekkers need to obtain a Restricted Area Permit (RAP) to trek in the Lapchi region due to its proximity to the Tibetan border. Additionally, a TIMS (Trekkers' Information Management System) card is required. These permits can be arranged through a trekking agency in Kathmandu

## 5. Is the Lapchi Trek suitable for beginners?

The Lapchi Trek is not recommended for beginners due to its challenging terrain and remote location. It is better suited for experienced trekkers who are comfortable with multi-day hikes in high-altitude conditions.