

# Ghorepani Poon Hill Trek

**Cost per person: \$780**

## Description

Ghorepani Poon Hill Trek is a transformational journey in the foothills of Annapurna massifs. Popularized as one of the best vantage points in western Nepal, the trek to Poonhill is filled with adventure and enigma. Poonhill stands at an elevation of 3210 meters in the Myagdi district of west Nepal. Since the inception of trekking back in the '60s, Poonhill trekking has been a sought-after trek in Nepal.

The northern highlands of the Kaski district behold naturalistic magnificence. Poonhill stands as a popular vantage point near Pokhara, a city in Nepal. This is one of the short treks in Nepal, which can be completed within a week. Typically beginning from the serene city of Pokhara, the trek to Poon Hill traverses north.

From the outskirts of Pokhara, your journey takes the Baglung-Pokhara highway and reaches Nayapul. This point of the trek is the starting point. We ascend our way through the Gurung settlements dotted across the to reach Ghorepani. In between Ghorepani and Nayapul lies several villages such as Birethanti (ACAP ) check post, Hile, Tikhedhunga, Ulleri, Banthanti, and Nagehanti. From Nayapul, the trail takes on the deciduous monsoon forests of the Annapurna region.

The 4 Days Poon Hill Trek route portrays distinct variations of vegetation all along. The lower elevation areas of Poonhill trekking are full of dense, lush green forests. As you ascend beyond Ghorepani on your hike to Poon Hill, the area is semi-arid with scattered forests. Ghorepani Poon Hill trek elevation gain ranges from a mere 1070 meters at Nayapul to 3210 meters at Poonhill. This elevation range creates a different atmosphere at every stopover you take. The area surrounding the trail is filled with dense Rhododendron forests from the start until reaching Ghandruk village.

The sunrise view from Poon Hill and Ghorepani has long been appreciated by trekkers from across the world. The morning view of sunrise from Poon Hill provides mesmerizing scenery of sun rays spreading onto the Annapurna and Dhaulagiri masses.

## Trip Information

**Duration:** 11 Days

**Activities:** Trekking

**Arrival City:** Kathmandu

**Departure City:** Kathmandu

**Best Season:** Winter

**Max Altitude:** N/A

## Gallery

## Itinerary

### Day 1: Arrival at Kathmandu International airport.

Arrival at Kathmandu International airport. We pick up at the airport by our private vehicle and transfer to the hotel.  
Overnight at Hotel in Kathmandu.

### Day 2: FREE DAY IN KATHMANDU

No description available.

### DAY 3: Drive from Kathmandu to Pokhara by Private car.

Drive from Kathmandu to Pokhara by Private car. Driving 7 hours. Overnight at Hotel in Pokhara.  
Driving Distance: 205 Km/ 127 miles.  
Estimated Time: 6 to 7 hours.

### Day 4: Drive from Pokhara to Nayapul.

Drive from Pokhara to Nayapul. Driving Distance: 40 km. Driving 1 hour 30 minutes. Trek from Nayapul to Tikhedhunga to Ulleri (Height. 1960 m/ 6400 ft).  
Hiking Distance: 9 km + 1.8= 10.8 km/ 6.7 miles  
Estimated Hiking: 5 to 6 hours

### Day 5: Trek from Ulleri to Ghorepani (Height. 2860 m/ 9295 ft).

Trek from Ulleri to Ghorepani (Height. 2860 m/ 9295 ft).

Hiking Distance: 10.3 km/ 6.4 miles

Estimated Hiking Time: 5 hours

### **Day 6: Early morning hiking from Ghorepani to Poon Hill**

Early morning hiking from Ghorepani to Poon Hill (Height 3210 m/ 10531 ft) to Ghorepani. Then trek from Ghorepani to Tadapani (Height 2630 m/ 8548 ft).

Ghorepani to Poon Hill to Ghorepani: 2.9 km/ 1.8 miles

Total Hiking Distance: 11 km/ 6.8 miles

Estimated Hiking Time: 6 hours.

### **Day 7: Trek from Tadapani to Ghandruk (Height 2012 m/ 6601 ft).**

Trek from Tadapani to Ghandruk (Height 2012 m/ 6601 ft).

Tadapani to Ghandruk: 6 km/ 3.7 miles

Estimated Hiking Time : 4 to 5 hours.

### **DAY 8: Trek from Ghandruk to Nayapul.**

Trek from Ghandruk to Nayapul. Drive from Nayapul to Pokhara.

Ghandruk to Nayapul: 6-7 km/ 4 miles

Estimated Hiking Time: 4 to 5 hours.

Driving from Nayapul to Pokhara: 40 km (1 hr 30 min)

### **Day 9: FREE DAY IN POKHARA**

No description available.

### **DAY 10: Drive back from Pokhara to Kathmandu. O/n Hotel in Kathmandu.**

No description available.

## Day 11: Departure from Kathmandu, Nepal.

No description available.

### Cost Inclusion

- Your arrival airport pickup & your departure airport drop by private vehicle as per itinerary.
- 3-night accommodation in Kathmandu at Tourist Type hotel with breakfast on sharing basis as per itinerary.
- 3-night accommodation in Pokhara at Tourist Type hotel with breakfast on sharing basis as per itinerary.
- During trekking 4-night accommodation in normal Tea House on sharing basis
- During trekking food on full board (breakfast, lunch, and dinner). (This service not in Bronze Package Price)
- During trekking, one experienced a friendly trekking Guide.
- During trekking needed porter who will carries luggage of guest in a total weight limit of 20 kg per porter (This service not in Platinum and Bronze Package Price)
- Expenses of food, accommodation, insurance, transport, and the wages of Guide.
- Trekking Permit (TIMS Card) fee.
- Annapurna Conservation Area Permit (ACAP) Fee.
- Drive from Kathmandu to Pokhara and from Pokhara to Kathmandu by private vehicle (Flight is also available if you want flight, extra cost will be charged).
- Drive from Pokhara to Nayapul by private vehicle.
- Drive from nayapul to Pokhara by private vehicle.
- Group medical supplies (first aid kit will be available).
- All government taxes, local tax, and tourist service charges

### Cost Exclusion

- Airfare of your international flight.
- Your travel insurance includes evacuation.
- Alcoholic beverages, hot and cold drinks, bottled water, dessert.
- All kinds of personal expenses like phone calls, internet use, laundry, hot shower during trekking, excess baggage charge, etc.

- Lunch and dinner in Kathmandu and Pokhara.
- In case of emergency helicopter rescue/ evacuation & its cost.
- Tips for Trekking Staff.
- Any expenses arising due to unforeseen situations like personal sickness, natural calamities, political strikes, etc.

## Frequently Asked Questions

### 1. How many days does it take to trek to Poon Hill?

With the Ghorepani Poon Hill trekking, you will be completing the trail in just three days, starting and ending in Pokhara. You can begin your trek from Kathmandu, which will take a week to complete Poon Hill Trek. Trekking tours of the Annapurna Region can be added to Poon Hill Trek if you have a longer stay and want to explore Nepal more.

### 2. Is my travel insurance necessary for Poon Hill Trekking?

Travelling can bring unexpected risks and accidents even on a safe trekking route like Poon Hill Trek. So, we recommend you have travel insurance with you. Here are some suggested travel insurance companies for different countries [click here](#).

### 3. How difficult is Poon Hill Trek?

Poon Hill trek is one of the easy treks in the Annapurna Region at the highest elevation of just 3210 meters from sea level. There are stone stairs in some regions, making it comfortable to walk. Food and accommodation services are well equipped and managed. In short words, this trekking region is friendly to all age levels and groups.

### 4. What is the highest altitude I will reach in Ghorepani Poon Hill Trek?

The highest altitude that you can reach during the Ghorepani Poon Hill Trek is 3210m.|10530ft.

### 5. Is Poon Hill Trek suitable for solo female trekkers?

Yes, Poon Hill Trek is suitable for solo female trekkers. The trail is easy to walk and full of trekkers so, the trek is comfortable for any age group and solo female travellers.