

Annapurna Circuit Trek

Description

Outline Itinerary

Day 1: Kathmandu to Besisahar (760m, 7-8 hrs drive)

Pickup from hotel by guide at 6:30am. At 7:00am, drive via tourist bus or private vehicle through scenic countryside. Overnight at lodge in Besisahar. (BLD)

Day 2: Besisahar to Chame (2670m, 6-7 hrs jeep drive)

Scenic drive through Marsyangdi River valley, waterfalls, and lush forest. Pass by Dharapani. Overnight at lodge in Chame. (BLD)

Day 3: Chame to Pisang (3300m, 5-6 hrs trek)

Trek through apple orchards, pine forests, and towering cliffs. Reach Pisang with views of Annapurna II and IV. Overnight at lodge. (BLD)

Day 4: Pisang to Manang (3540m, 6-7 hrs trek)

Optional upper route via Ghyaru and Ngawal with panoramic views. Pass monasteries and reach Manang for acclimatization. Overnight at lodge. (BLD)

Day 5: Acclimatization in Manang

Short hike to Gangapurna Lake or Chongkar Viewpoint. Visit the local monastery. Rest and prepare for altitude gain. Overnight at lodge. (BLD)

Day 6: Manang to Yak Kharka (4050m, 4-5 hrs trek)

Gradual ascent through alpine meadows, yaks, and juniper shrubs. Overnight at lodge in Yak Kharka. (BLD)

Day 7: Yak Kharka to Thorong Phedi (4450m, 4-5 hrs trek)

Short but challenging walk to Thorong Phedi or High Camp. Prepare for the big pass. Overnight at lodge. (BLD)

Day 8: Cross Thorong La Pass (5416m) - trek to Muktinath (3800m, 7-9 hrs)

Early morning trek to the highest point of the circuit. Spectacular Himalayan panorama from the top. Descend to holy Muktinath temple. Overnight at lodge. (BLD)

Day 9: Muktinath to Marpha (2670m, 6-7 hrs trek)

Trek through the dry Kali Gandaki valley to Marpha, known for apple farming and whitewashed houses. Overnight at lodge. (BLD)

Day 10: Marpha to Kalopani (2530m, 6 hrs trek)

Pass charming Thakali villages and pine forests with occasional views of Dhaulagiri and Annapurna. Overnight at lodge. (BLD)

Day 11: Kalopani to Tatopani (1190m, 6-7 hrs trek)

Long descent along Kali Gandaki River. Enjoy the natural hot springs in Tatopani. Overnight at lodge. (BLD)

Day 12: Tatopani to Ghorepani (2874m, 6-7 hrs trek)

Climb back up through terraced hills and rhododendron forest. Reach Ghorepani. Overnight at lodge. (BLD)

Day 13: Hike to Poon Hill (3210m) - trek to Tadapani (2630m, 6 hrs trek)

Early morning hike to Poon Hill for sunrise views. Return for breakfast and trek through lush forest to Tadapani. Overnight at lodge. (BLD)

Day 14: Tadapani to Ghandruk - drive to Pokhara (4 hrs trek + 3 hrs drive)

Descend to Ghandruk, a beautiful Gurung village, then drive to Pokhara. Overnight at hotel. (BLD)

Day 15: Pokhara to Kathmandu (6-7 hrs drive or 25 min flight)

Return by tourist bus or flight. End of trek. (B)

Trip Information

Duration: 14N/15D

Activities: N/A

Arrival City: N/A

Departure City: N/A

Best Season: N/A

Max Altitude: N/A

Itinerary

No itinerary details available.

Cost Inclusion

No cost inclusion details available.

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No cost exclusion details available.