## **Annapunrna Ciruit Trek with Tilicho Lake**



## **Description**

#### **Outline Itinerary**

#### Day 1: Kathmandu to Besisahar (760m, 7-8 hrs drive)

Early pickup and drive through scenic countryside to Besisahar. Overnight at lodge. (BLD)

#### Day 2: Besisahar to Chame (2670m, 6-7 hrs jeep drive)

Drive via rugged mountain roads along Marsyangdi River through Jagat, Dharapani. Overnight at lodge. (BLD)

#### Day 3: Chame to Pisang (3300m, 5-6 hrs trek)

Ascend through pine forests and cliffs, reaching Pisang. Annapurna II and IV dominate the skyline. Overnight at lodge. (BLD)

#### Day 4: Pisang to Manang (3540m, 6-7 hrs trek)

Take the upper trail via Ghyaru and Ngawal for stunning views. Pass old monasteries and yak pastures. Overnight at lodge. (BLD)

#### Day 5: Acclimatization in Manang (3540m)

Short hikes to Gangapurna Lake or the Ice Lake viewpoint. Rest and hydrate for higher altitude. Overnight at lodge. (BLD)

### Day 6: Manang to Khangsar Village (3734m, 4-5 hrs trek)

Trek to the ancient village of Khangsar, gateway to Tilicho. Overnight at lodge. (BLD)

#### Day 7: Khangsar to Tilicho Base Camp (4150m, 5-6 hrs trek)

Climb gradually through landslide-prone trails with dramatic scenery. Overnight at lodge. (BLD)

#### Day 8: Visit Tilicho Lake (4919m) - Return to Base Camp (6-7 hrs round trip)

Early start to ascend to the holy Tilicho Lake, surrounded by snow-capped peaks. Return to base camp. Overnight at lodge.

#### Day 9: Tilicho Base Camp to Yak Kharka (4050m, 6-7 hrs trek)

Retrace part of the trail and rejoin the Annapurna route at Yak Kharka. Overnight at lodge. (BLD)

#### Day 10: Yak Kharka to Thorong Phedi (4450m, 4-5 hrs trek)

Gradual ascent through rugged terrain to base camp of Thorong La. Overnight at lodge. (BLD)

#### Day 11: Cross Thorong La Pass (5416m) - Trek to Muktinath (3800m, 7-9 hrs)

Start early for a long ascent to the famous Thorong La. Enjoy breathtaking Himalayan views. Descend to sacred Muktinath. Overnight at lodge. (BLD)

#### Day 12: Muktinath to Kagbeni to Jomsom (2720m, 6-7 hrs trek)

Trek down to the windy Kali Gandaki valley. Stop at Kagbeni for exploration. Continue to Jomsom. Overnight at lodge. (BLD)

#### Day 13: Jomsom to Tatopani by Jeep (1190m, 4-5 hrs drive)

Scenic off-road drive through Marpha and Kalopani. Enjoy a dip in natural hot springs at Tatopani. Overnight at lodge. (BLD)

#### Day 14: Tatopani to Ghorepani (2874m, 6-7 hrs trek)

Long uphill through terraced villages and dense rhododendron forest to Ghorepani. Overnight at lodge. (BLD)

#### Day 15: Hike to Poon Hill (3210m) - Trek to Tadapani (2630m, 6 hrs)

Sunrise hike to Poon Hill for panoramic views of Annapurna, Dhaulagiri, and Machhapuchhre. Continue through forested trail to Tadapani. Overnight at lodge. (BLD)

#### Day 16: Tadapani to Ghandruk (1940m, 3 hrs trek) - Drive to Pokhara (3 hrs)

Descend through lush forest to Ghandruk, a beautiful Gurung village. Drive back to Pokhara. Overnight at hotel. (BLD)

#### Day 17: Pokhara - Free Day

Rest, relax by Phewa Lake, or go boating, café-hopping, or shopping. Optional activities. Overnight at hotel. (B)

#### Day 18: Pokhara to Kathmandu (6-7 hrs drive or 25 mins flight)

Return to Kathmandu. End of trek. (B)

### **Trip Information**

**Duration: 17N/18D** 

**Activities: N/A** 

Arrival City: N/A

**Departure City: N/A** 

Best Season: N/A

Max Altitude: N/A

## Itinerary

## Day 1

No description available.

# Cost Inclusion

No cost inclusion details available.

# Cost Exclusion

No cost exclusion details available.